

XS PRE-WORKOUT BOOST



Energy Enhancements:

115mg of caffeine up from 100mg.

Ingredient Upgrades:

B-vitamins increased comparable to a 12oz XS energy drink. Beta-Alanine increased to an updated clinical dose from 3.2g to 4g, and added L-Citrulline at a clinical dose. Added 1g of Muscle Multiplier*** EAA. We kept 100mg of Rhodiola Rosea and added 200mg of L-Theanine.

Flavors:

Offering two natural flavors vs one: Green Apple and Blue Raspberry.

Sweeteners:

Naturally sweetened with Stevia®.

Formats:

Pouch and stick packs vs tub and stick packs.

NEW



- 4g of CarnoSyn®† Beta-Alanine (clinical dose)
- 100mg of Rhodiola Rosea
- B-vitamins similar to 12oz XS Energy Drinks
- 3.4g of L-Citrulline (clinical dose)
- 115mg of Caffeine
- 200mg of L-Theanine
- Naturally sweetened with Stevia®†
- Natural Green Apple or Blue Raspberry flavors
- 30 serving pouch and 12 count stick packs

OLD



- 3.2g of CarnoSyn®† Beta-Alanine
- 100mg of Rhodiola Rosea
- B-vitamins similar to 8.4oz XS Energy Drinks
- 600mg energy blend.
- Naturally sweetened with Stevia®†
- Natural citrus flavor
- 30 serving canister and 12 count stick packs

*This statement has not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.
**When combined with regular weight/resistance training and a healthy diet.
†CarnoSyn® is a registered trademark of Natural Alternatives International, Inc. Stevia® is a registered trademark of Zhejiang Green World Bio-Tech. Co., Ltd.